

OUR PRAYERS

The Sign of the Cross

In the name of the Father, and of the Son,
and of the Holy Spirit. Amen

The Lord's Prayer

Our Father who art in heaven,
Hallowed be Thy name, Thy kingdom come;
Thy will be done, on earth as it is in heaven.
Give us this day our daily bread; and
forgive us our trespasses as we forgive
those who trespass against us; and lead
us not into temptation, but deliver us
from evil. Amen

The Hail Mary

Hail, Mary, full of grace! The Lord is
with thee; blessed art thou amongst
women and blessed is the fruit of thy
womb, Jesus. Holy Mary, Mother of
God, pray for us sinners now and at the
hour of our death. Amen

Glory Be

Glory be to the Father, and to the Son
And to the Holy Spirit, as it was in
The beginning, is now and ever
shall be- world without end. Amen

Act of Contrition

Oh, My God, I am heartily sorry for having offended thee, and I detest all
my sins because I dread the loss of Heaven and the pains of Hell,
but most of all because I offended you my God, who art all good
and deserving of my love. I firmly resolve with the help of Thy grace
to confess my sins, to do penance and to amend my life. Amen